

Math \rightarrow X

National Model: A Realistic Approach

ED



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Central Office Cubicle Dweller
Original National Model Hater
RAMP Recipient

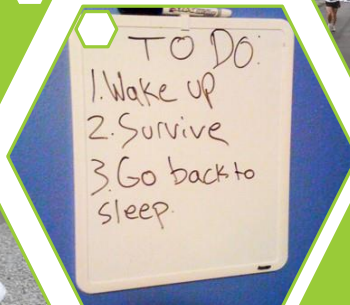
Counselor Up
PRODUCTIVE. ORGANIZED. EFFECTIVE.

How

You

Do

Feel?



What is the one
thing that would
make your work-
life better?
One problem you
would like to
solve?



Why National Model?

- Work Smarter
- Maximize Effectiveness
- Stay Organized

ZOOM LENS

Make it {actually} Work


- Incorporate into your work flow
- Think ahead about data collection
- Start small
- Don't go solo (even if you are)

The image features a motivational quote in white, bold, sans-serif capital letters. The text is arranged in five lines, centered horizontally. The background is split into two main color sections: a red upper half and a teal lower half, separated by a thin white horizontal line. The red section has a subtle wood-grain texture, while the teal section is solid. The quote reads: "THE GREATEST WASTE OF TIME IS STARTING AND NOT FINISHING".

**THE GREATEST
WASTE OF TIME
IS STARTING
AND NOT
FINISHING**

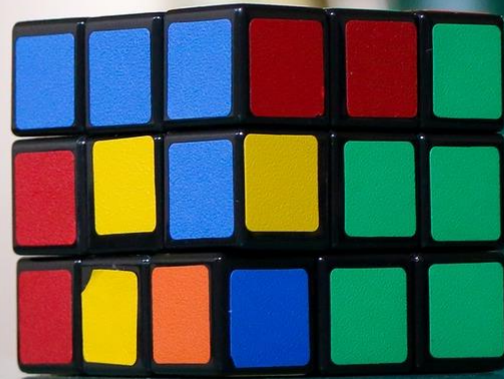


Annual Agreement

- Advocate
 - Communicate
 - Get on the Same Page
- 

Problem Solved

- No One Gets What I Do!
- So. Many. Extra. Duties.



Make It Work



- Schedule an Appointment
- Come Prepared
- Be Specific
- Work as an Ally

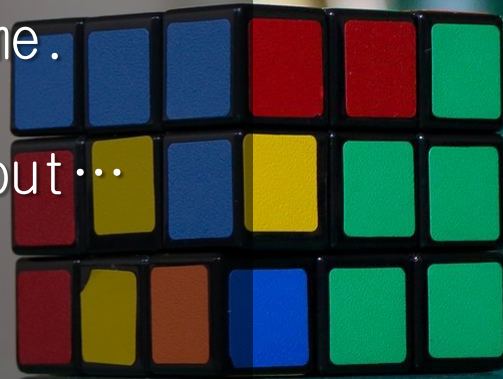
Core Curriculum

- Love note for your future self
- Smarter - not harder
- Data Baby Steps



Problem Solved

- I spend so much time planning.
- Things just sneak up on me.
- I plan to teach lessons but...
- Too many fires!



Make It Work

- Can be digital or paper
- Start over the summer OR plan through the year
- Keep it together > making it beautiful

Program Goals

- Focus of your work
- SMART Goals
- Think Connected and Manageable



Problem Solved

- I plan to but then...
- Too many fires!
- No one understands what I do.
- The school does not see the counselor as integral to the work.



Make It Work



- Steps:
 - Start with the SIP
 - Disaggregate
 - Dig Deeper
- Broad or Specific?

About that Data...

- Process
- Perception
- Outcome



Calendars

- Numero Uno productivity tool
- You are in control of your day



Problem Solved

- I run around all day
- I try to respond to all the demands
- Everyone thinks I'm always available
- I end the year wondering if I did anything well
- I have a walkie talkie



Make It Work

- Write it all down
- Be realistic
- Reference Often



	Monday	Tuesday	Wednesday	Thursday	Friday
7:30	Duty		Duty	7 ⁰⁰ Parent Mtg	Duty
8:00		Counselor	Academic Grp	Academic Grp	
8:30	Social Skills Grp	PLC	Social Skills Grp	Social Skills Grp	Social Skills Grp
9:00				class	Retention Mtg
9:30					
10:00			class		class
10:30					
11:00	3 rd Grade PLC	Middle School			
11:30	4 th Grade PLC			class	
12:00					
12:30					
1:00	1:15 Academic	class	1:15 Academic	class	
1:30	↓ Group	class	Group		
2:00	↓ PBIS				
2:30	↓ Meeting			Parent	
3:00	↓ Staff			Presentation	
3:30	↓ Meeting				
4:00					
4:30					
© Counselor Up 5:00				Science Night	

	Monday	Tuesday	Wednesday	Thursday	Friday
7:30	Duty		Duty	7:00 Parent Meeting	Duty
8:00		Counselor	Academic Grp	Academic Grp	signups/emails
8:30	Social Skills Grp	PLC	Social Skills Grp	Social Skills Grp	Social Skills Grp
9:00	conf. res. Kids			class	Retention Mtg
9:30	Robert			emails/ Phone calls	Class
10:00	Luke		Class	Mariah	
10:30	emails/ Phone calls	AP/psychologist re: DeJuan	emails/phone calls	Donesha	emails/ Phone calls
11:00	3 rd grade PLC	Middle School	Tykel's Dad	MY LUNCH	5 th Gr. Girls
11:30	4 th grade PLC	MY LUNCH	MY LUNCH	class	MY LUNCH
12:00	check on JW Girls Quincy	Mariah & Josiah	Daisy & Realle	Damion & Jané	observe Tykel
12:30	MY LUNCH	Daisy/Realle	savannah	plan group	Kayah
1:00	1:15 Academic	class	1:15 Academic	class	Ezra Backpack
1:30	↓ Group	class	↓ Group	DeSean	Jessie
2:00	↓ PBIS		Quincy		Quincey
2:30	↓ Meeting			Parent	
3:00	↓ Staff Mtg			Presentation	
3:30	↓ (Present!)				
4:00					
4:30					
© Counselor Up 5:00				Science Night	

Icing on the cake

- Small Group Plans
- Advisory Council

Accountability Partner

- Find someone you trust
- Talk about your goals
- Get specific about actions you want to take and consequences/rewards for completing action steps
- Set up Check-in Times
- Revisit goals and strategies to make sure you are on track

GOALS 2017

- 1.
- 2.
- 3.
- 4.
- 5.

